

# Fourth Sunday in Ordinary Time

Weekend of the 31<sup>st</sup> January and 1<sup>st</sup> February 2026 Year A

First Reading: **Zephaniah 2:3,3:12-13** Second Reading: **1 Corinthians 1:26-31** Gospel: **Matthew 5:12**

Embracing the faith communities of **St Mary's Buderim, St Peter's Coolumb, Stella Maris Maroochydore and St Catherine of Siena, Sippy Downs.**

## STELLA MARIS CATHOLIC PARISH

Our Parish has zero tolerance for all forms of abuse and is committed to safeguarding everyone involved in its activities, ministries and services. The safety and wellbeing of children and adults-at-risk are paramount.

### It Is Not Too Late !!!

Thank you to everyone who took a moment last week to either commit or recommit to one or more of the many ministry options that are the foundation of our Parish Family. If you didn't get a chance last week to volunteer for a ministry, the good news is that it's not too late! Once again, attached to this weekend's newsletter is our Ministry Sign Up form. Simply complete it and place it on the collection plate or return it to the Parish Office. Another easy option is to electronically volunteer by scanning the QR code and completing the details. There will be a short training/refresher course for all Extraordinary Ministers of the Eucharist and Readers at **9:30am, Saturday, 7<sup>th</sup> February**. However you decide to volunteer, a grateful parish says *thank you!*



All men of the parish are invited to join us for our first Men's Breakfast for 2026 from 8:00am—9:15am, Saturday, 14<sup>th</sup> February in the Bliss Room.

**\*\*Please note the new starting time of 8:00am.**

If you've never been to a Men's Breakfast, they provide opportunities for sharing our personal faith experiences and hearing what God is doing in the lives of men in our Parish, as well as encouraging each other in our spiritual walk. Our speaker for the morning will be parishioner Bill Rimmelzwaan, who, having being away from the church for over 40 years, will share how God led him home and changed his life. A light breakfast consisting of a choice of cereal, muesli,

fruit, yoghurt, toast and spreads is included. Juice, tea and coffee are also provided. To help cover costs, a donation of \$5.00 cash (payable at the door) would be appreciated. Perhaps you could invite a neighbour or another parishioner.

**NOTE:** Disposable bowls, plates cutlery and cups are provided; however, you are welcome to bring your own. For catering purposes or further information please RSVP Rob Hoy on 0401 498 059 by 12:00pm, Friday, 13<sup>th</sup> February.

### Junior Ministers are Back !

We are excited to announce that the Junior Ministers' Youth Group is returning for another year of fun and community service. Our first session will be held at 3:00pm, next Sunday, 8<sup>th</sup> February, in the Stella Maris Church.

The Junior Ministry is open to all younger members of the parish from Year 3 and above who are eager to actively participate in serving our community. Opportunities include training to become an altar server, welcomer, reader, computer operator, collector, or part of the music ministry. While our primary focus is on serving others, we also ensure there's plenty of fun to be had with friends. We will meet every Sunday during the school term at 3:00pm for training, pizza, fun games, and activities. If this sounds like something you'd love to be a part of, don't wait! Register now by visiting the Stella Maris Maroochydore Parish website. For more information, or if you are an adult interested in participating in this ministry, please contact Bernie Baillie, [bbailie811@gmail.com](mailto:bbailie811@gmail.com). *We can't wait to see you there!*

### Invitation

On the first Wednesday of every month, the **Men's Rosary Group** of the Sunshine Coast gather at Stella Maris. All men, young and not so young, life long rosary prayers or novices, are invited to Stella Maris Church, beginning at 6:30pm this Wednesday 4<sup>th</sup> February.



### Stella Maris Parish Office

Adjacent to the Stella Maris Church  
Office Hours 9:00am—2:00pm Weekdays  
Telephone: 5443 3488  
Email: [suncoast@bne.catholic.net.au](mailto:suncoast@bne.catholic.net.au)  
Website: [maroochyshoreparish.com.au](http://maroochyshoreparish.com.au)



### At Your Service

Fr Peter Brannelly  
Fr Isaac Falzon  
Deacon Michael Khoury  
Bishop Brian Heenan  
*Bishop Emeritus*

Our schools have resumed for another year, and empty classrooms and quiet playgrounds have been replaced by eager students and happy teachers! With most of our holiday makers returning to their homes for the start of school, this first weekend of the month is devoted to **hospitality**, and all parishioners and visitors are warmly invited to enjoy the hospitality of our Parish Family after Mass. Thank you to all those who help make this ministry possible each month.

## The Week Ahead

*We acknowledge the traditional owners of the land on which our communities celebrate liturgies and live out our faith. We pay respects to leaders past, present and emerging. May their example of stewardship be reflected in our lives.*

### Monday, 2<sup>nd</sup> February *Presentation of the Lord*

- ◆ Adoration of the Blessed Sacrament (4:30pm)
- ◆ Benediction (5:15pm, Stella Maris Church)
- ◆ **Mass** (5:30pm, Stella Maris Church)

### Tuesday, 3<sup>rd</sup> February

- ◆ **Mass** (9:00am, Stella Maris Primary School Chapel)

### Wednesday, 4<sup>th</sup> February

- ◆ **Mass** (7:00am, St Mary's Church)
- ◆ **Mass** (9:00am, St Catherine of Siena Church)
- ◆ Pray & Play (9:30am, Stella Maris)
- ◆ Scripture Study Group (9:30am, Zoom)
- ◆ Community Meetings: **Coolum** 12:00pm; **Buderim** 2:30pm; **Sippy Downs** 4:00pm; **Stella Maris** 6:00pm
- ◆ Men's Rosary Group (6:30pm, Stella Maris)

### Thursday, 5<sup>th</sup> February *St Agatha*

- ◆ **Communion Service** (8:30am, St Peter's Church)
- ◆ SVDP Coolum Meeting (9:00am, St Peter's Church)
- ◆ Baptismal Preparation (6:00pm, Stella Maris Church)

### Friday, 6<sup>th</sup> February

- ◆ Stations of the Cross (8:00am, Stella Maris Church)
- ◆ **Mass & Anointing** (9:00am, Stella Maris Church)
- ◆ Community Meal for Homeless

### Saturday, 7<sup>th</sup> February *St Paul Miki & Companions*

- ◆ **First Saturday Mass** (8:00am Stella Maris Church)
- ◆ Reconciliation (8:30am—9:30am, Stella Maris Church)
- ◆ Readers and Communion Ministers Workshop (9:30am, Stella Maris Church)
- ◆ **Vigil Mass** (4:30pm, St Peter's Church)
- ◆ **Vigil Mass** (6:00pm, Stella Maris Church)

### Sunday, 8<sup>th</sup> February

#### *Fifth Sunday in Ordinary Time*

- ◆ **Mass** (6:30am, Stella Maris Church)
- ◆ **Mass** (7:30am, St Peter's Church)
- ◆ **Mass** (8:00am, St Catherine's Church) *(Children's Church)*
- ◆ **Mass** (9:00am, Stella Maris Church) *(Children's Church)*
- ◆ **Mass** (9:30am, St Mary's Church) *(Children's Church)*
- ◆ Junior Ministers (3:00pm, Stella Maris)
- ◆ **Mass** (5:00pm, Stella Maris Church) *(Children's Church)*
- ◆ Young Adults Rosary (6:15pm, The Annex)

*Gluten-free hosts are available. To arrange, simply contact the sacristan or Mass coordinator before Mass. The priest will always distribute the gluten free host at communion.*

## Local Groups

The first meeting for 2026 of our four local groups gathers this Wednesday. The agenda for our Wednesday meeting includes dealing with maintenance issues, hospitality and individual community outreach and evangelisation initiatives. **Coolum's meeting is at 12 noon, Buderim at 2:30pm, Sippy Downs at 4:00pm and Maroochydore at 6:00pm.** Thank you to our fellow parishioners who serve on these teams and play an important role in ensuring good communication and in coordinating our Parish life and ministry.

## Baptismal Preparation

At 6:00pm, on the first Thursday evening of every month, at Stella Maris, we host our Baptismal Preparation gathering for parents with infants under 7 years of age. At this short meeting, we explain the ceremony and the symbols used, answer any questions, and, importantly, confirm dates and locations of the Baptism ceremony. To prepare for this meeting, parents are asked to go to the parish web page and follow the links under the sacraments section so that you can complete the required details.

## Children's Church

With school resuming and our weekly routine returning this weekend, Children's Church recommences for another exciting year. Starting this Sunday at our **8:00am Sippy Downs Mass**, our **9:00am** and **5:00pm Maroochydore Masses**, and also at the **9:30am Buderim Mass**, all primary-aged children are sent forth with their catechist to celebrate a more age appropriate reflection on the Gospel, before returning to the church towards the end of the Eucharistic prayer. Let your friends know about these exciting Sunday family options. If you would like to be part of this important ministry, simply complete the ministry sign up form and return it. Thank you to all who make this ministry possible.

## Every Wednesday

Now that school has at last resumed, **9:30am to 11:00am** every Wednesday morning, parents with smaller children gather at Stella Maris for our **Pray & Play group**. It is an excellent opportunity for young children to interact with each other, while at the same time for adults to share their wisdom, and in the process, have some fun. Grandparents are especially welcome to share their experiences and stories, while at the same time enjoying the energy and inquisitiveness of those just starting out on the great adventure of life.

*Please join us this Wednesday!*

## Anointing Mass

Every First Friday at Stella Maris we have an Anointing Mass followed by morning tea. Everyone is welcome. Please join us this Friday at 9:00am. Perhaps you could check your neighbours and friends and see if they need transport.

**When updating your will – please remember your Parish Family – perhaps the Parish Endowment Fund will give you confidence that your generosity will continue the mission and ministry of your local Sunshine Coast Parish into the future!**



## **BAPTISM SUPPORT GROUP**

During the Rite of Baptism, the Priest or Deacon welcomes the newly baptised child into God's Family, the Church. In doing so also welcomes the child into our local parish family here on the Sunshine Coast. The members of the Baptismal Support Group represent our community and are a welcoming presence on the day of Baptism.

## **CHILDREN'S CHURCH**

Children's Church is when the children leave the congregation to celebrate and reflect on the Sunday Gospel reading in an age-appropriate way. The children are led through prayers, songs and readings that are adapted to their level of understanding.

## **CHURCH CLEANING GROUP**

If cleanliness is next to godliness, then we want all four of our churches to be a reflection of heaven! Each week, teams of fellow parishioners take it in turns to clean our sacred spaces. The truth of the matter is that we can't afford commercial cleaners, so this is a practical ministry that benefits the whole community.

## **COMMUNION MINISTER**

Communion Ministers assist with the distribution of the Holy Body and Blood of Christ at the Eucharist.

## **COMMUNION MINISTER TO THE SICK**

In this Ministry, you are an extension of the worshipping community, bringing Holy Communion to our community members who are sick and housebound, unable to be with the rest of the community at the regular Eucharistic celebration.

## **FUNERAL HOSPITALITY**

Our Funeral Hospitality Group is several teams who volunteer to set up and serve at the post-funeral gathering. All the food is provided, and this ministry is really about being a friendly face; serving the tea, coffee and refreshments; and helping where necessary.

## **HE-BREW'S COFFEE VAN**

Our coffee van is the focus of our community of hospitality, and we would love you to join a team of baristas and servers on a roster. Coffee making courses are available.

## **HOSPITALITY**

On the first weekend of each month, all our communities offer hospitality after Mass. It is a chance for parishioners and new members of our community to gather, share a cuppa and some refreshments. For each community, the form of hospitality is different, but the goal remains the same.

## **LITURGY OF THE WORD**

This ministry is to proclaim the Word in partnership with the Priest. This may include proclaiming the first reading, Psalm, second reading, and the prayers of the faithful. The parish will provide regular training to support readers in the best ways to proclaim God's Word. Your commitment is to go onto your community's roster.

## **MUSIC MINISTRY**

Our Parish family is blessed with musicians and singers who lead our Masses and Liturgical celebrations. If you are a confident musician (pianist, violinist, etc), we welcome you to consider becoming part of this vital ministry.

## **10:10 MAROOCHYDORE (YOUTH MINISTRY)**

Our youth ministry is aimed at helping young people in Years 3-12 grow in faith and connect with our Parish in a fun and friendly environment. This ministry involves assisting current youth leaders and is supported by our NET team.

## **WELCOMING GROUP**

This group creates a sense of welcome by greeting and handing out newsletters. Several times a year they represent the parish at our welcome nights, where we welcome new members of the parish and introduce ourselves in an informal way. A friendly face and a desire to make newcomers feel included are all you need for this ministry.

## **YOUNG ADULTS**

Our YA Ministry enables new adults to journey together in faith. Each event aims to foster an environment of connection and growth through faith formation and social events. We are looking for people to help run events.



Stella Maris Catholic Parish

## Ministry Drive 2026

Full Name:

Phone:

Email:

### Which Mass would you like to minister at?

**St Mary's Church,  
Buderim**

☐ 9:30am Sunday

**St Peter's Church,  
Coolum**

☐ 4:30pm Saturday

☐ 7:30am Sunday

**St Catherine's Church,  
Sippy Downs**

☐ 8:00am Sunday

**Stella Maris Church,  
Maroochydore**

☐ 6:00pm Saturday

☐ 6:30am Sunday

☐ 9:00am Sunday

☐ 5:00pm Sunday

☐ I am joining a ministry

☐ I am recommitting to a ministry

### Select a Ministry

☐ Baptism Support Group

☐ Children's Church - Blue Card & Training Req

☐ Church Cleaning Groups

☐ Communion Minister

☐ Communion Minister to the Sick - **Police Check & Training** Required

☐ Funeral Hospitality

☐ HE-brews Coffee Van

☐ Hospitality

☐ Hymn Operator

☐ Junior Minister Helpers

☐ Liturgy of the Word

☐ Music Ministry

☐ Live-streaming Ministry - **Training** Required

☐ Sisterhood Ministry Leader

☐ State School Catechist - **Blue Card & Training** Required

☐ 10:10 Youth Group Leader - **Blue Card & Training** Required

☐ Young Adults Group Leader - **Blue Card & Training** Required

☐ Welcoming Group

Alternatively you can scan this  
QR Code to sign up through our  
Flocknote Database:

