

# NEWSLETTER FOR THE 5TH SUNDAY IN ORDINARY TIME

Weekend of the 7<sup>th</sup> and 8<sup>th</sup> February 2026 Year A

First Reading: **Isaiah 58:7-10** Second Reading: **1 Corinthians 2:1-5** Gospel: **Matthew 5:13-16**

Embracing the faith communities of **St Mary's Buderim, St Peter's Coolum, Stella Maris Maroochydore and St Catherine of Siena, Sippy Downs.**

## STELLA MARIS CATHOLIC PARISH

Our Parish has zero tolerance for all forms of abuse and is committed to safeguarding everyone involved in its activities, ministries and services. The safety and wellbeing of children and adults-at-risk are paramount.

## YOU ARE THE MORTAR THAT HOLDS OUR COMMUNITY TOGETHER

Thank you to all parishioners who either recommitted to their ministries or signed up last week and joined one or more of the many ministries of our community. **Thank you!** The positive energy and life of our Parish Family is reflected in the generosity and commitment of so many parishioners, and as a parish, we are grateful. This weekend, we held a short training and refresher sessions so as to ensure best practice in our ministry and remind ourselves of the policies of our parish. Next weekend, across all our Masses, we will commission all our ministers to serve in 2026. If you would like to be involved in one of the many ministries of your parish, there is a volunteer pamphlet at the entrance to the church – simply complete it and drop it on the collection plate, and we will be in contact with you.

## CHILDREN & FAMILIES MINISTRY 2026

With our schools well and truly back for another academic year, we warmly welcome another exciting year for the children and families of our parish. We look forward to journeying together in faith, learning, and community throughout the year.

### Children's Church

We are delighted to share that Children's Church will now be offered:

**8:00am** every Sunday at *St Catherine's, Sippy Downs*

**9:00am and 5:00pm** every Sunday at *Stella Maris, Maroochydore*

**9:30am** every Sunday (excluding school holidays) at *St Mary's, Buderim*

**7:30am** every **Third Sunday** at *St Peter's Church, Coolum*

Children's Church provides a wonderful opportunity for children to explore their faith at a level they can connect with and understand. Each week, children engage with the Gospel reading through singing, prayer, videos, and hands-on activities. Children are sent forth with a blessing at the beginning of Mass and rejoin the congregation during the Lord's Prayer.

All **primary-aged children** are most welcome to attend.

### Sacramental Program 2026

Our 2026 Sacramental Program for **older children** (7 years and older) who wish to be baptised begins with an enquiry session, **10:30am, on Sunday, 22<sup>nd</sup> March** at *Stella Maris Church*.

Please mark in your diaries other key dates for this year's sacramental programme:

**Confirmation Parent Information Night: 22<sup>nd</sup> April**

**First Holy Communion Parent Information Night: 15<sup>th</sup> July**

Full details and registration information are available on our website: [maroochydoreparish.com.au](http://maroochydoreparish.com.au)

### Thank you for Serving

Thank you to the many wonderful volunteers who lead and support these ministries throughout the year. If this sounds like something you would like to be involved in, please contact the office for further information, **5443 3488**.

## We're back !

The Stella Maris Craft Group returns with a vengeance at 9:45am (after the 9:00am Mass) this Friday, 13<sup>th</sup> February in the Bliss Room. Come and enjoy a wide range of crafts. Don't worry about your skill level - even just come along for a chat and a cuppa with a very friendly group. The St Peter's Craft Group meets at 1:00pm this Tuesday - **all welcome**.

### Stella Maris Parish Office

Adjacent to the Stella Maris Church

Office Hours 9:00am—2:00pm Weekdays

Telephone: 5443 3488

Email: [suncoast@bne.catholic.net.au](mailto:suncoast@bne.catholic.net.au)

Website: [maroochydoreparish.com.au](http://maroochydoreparish.com.au)



### At Your Service

Fr Peter Brannelly

Fr Isaac Falzon

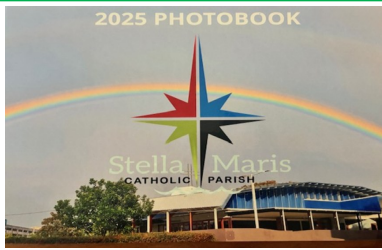
Deacon Michael Khoury

Bishop Brian Heenan

*Bishop Emeritus*



All members of our Parish **Knights of the Southern Cross** are reminded of the first meeting for the year at 7:00pm, this Tuesday, 10<sup>th</sup> February in the Duffy Room, Stella Maris. The Order of the Knights of the Southern Cross is a national organisation of Catholic laymen, guided by their Catholic faith, who strive to live out their faith by serving the wider community and supporting those in need – *all men of the Parish are welcome to join the Knights* – why not come along and meet with us this Tuesday?



In such a diverse and busy Parish Family, so much is going on that sometimes, we can miss some of the good news of our community! At the entrance to the church, you will discover our **Parish Photobook for 2025**, which attempts to capture some of the ministries and events of our journey of faith during the past year. If you get a chance, take a look at it after Mass today. During the year, if you take any photos of parish events or gatherings, please send them via email to our Digital Manager, Georgia Whiteley, [media.suncoast@bne.catholic.net.au](mailto:media.suncoast@bne.catholic.net.au).

All men of the parish are invited to join us for our first Men's Breakfast for 2026 from 8:00am—9:15am, next Saturday, 14<sup>th</sup> February in the Bliss Room.

**\*\*Please note the new starting time of 8:00am.**

If you've never been to a Men's Breakfast, they provide opportunities for sharing personal faith experiences and hearing what God is doing in the lives of men in our Parish, as well as encouraging each other in our spiritual walk. Our speaker for the morning will be parishioner Bill Rimmelzwaan, who, having been away from the church for over 40 years, will share how God led him home and changed his life. A light breakfast consisting of a choice of cereal, muesli, fruit, yoghurt, toast and spreads is included. Juice, tea and coffee are also provided. To help cover costs, a donation of \$5.00 cash (payable at the door) would be appreciated. Perhaps you could invite a neighbour or another parishioner?

**NOTE:** Disposable bowls, plates, cutlery and cups are provided; however, you are welcome to bring your own. For catering purposes or further information, please RSVP Rob Hoy on 0401 498 059 by 12:00pm, Friday, 13th February.



# FOOTY TIPPING COMP

**PROCEEDS SUPPORT TAKING OUR  
YOUTH GROUP TO IGNITE CONFERENCE.  
SPECIAL PRIZE FOR FIRST PLACE!**

**10:10  
MAROOCHYDORE**

## How to Join

**Step One:** Scan the QR Code and donate \$40

**Step Two:** Visit [iTipFooty.com.au](http://iTipFooty.com.au) and if you are a new player, create an account. Players returning from last years comp, can log into your old account.

**Step Three:** New players use Comp #103447 and the password 'Stella25!' to join the competition and returning players click "REJOIN".

**Start your Tipping!**



## Misa en Español

On the second Saturday of every month, our Spanish chaplain, Fr Luis, celebrates Mass in Spanish at St Mary's, Buderim. It is a great celebration with hospitality and a warm welcome to new faces. The next Mass in Spanish will be 6:00pm Saturday, 14<sup>th</sup> February at St Mary's. Their Facebook page is **Comunidad Catolica Latina de Sunshine Coast**. Also, 6:00pm every Wednesday in the Duffy Room, our Spanish-speaking prayer group members meet, and all Spanish speakers are warmly invited to join them.

## Następna polska Msza św

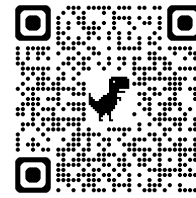
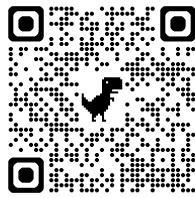
On the Fourth Sunday of every month, Mass is celebrated in Polish. The next Mass in Polish will be 4:00pm, Sunday, 22<sup>nd</sup> February at St Mary's - tell your Polish friends—all welcome.

## Brasileiros Católicos em Sunshine Coast

At 11:30am on the first Sunday of every month at Our Lady of the Rosary Church, Edmund Street, Caloundra, Mass is celebrated in Portuguese. The Brazilian Catholic Community's email address is [bcsc.contato@gmail.com](mailto:bcsc.contato@gmail.com)

## Don't be Shy—Let's be Friends!

It has never been so easy to get in touch and keep up to date with the many ministries and activities of our Sunshine Coast Parish. Why not start by visiting our Parish Facebook page? You will receive updates on what's happening within the parish, religious articles and content of interest. It is also a way we contact you with urgent news. "Like" our Facebook page, and you will be kept notified of new posts and help to promote the Parish page to more viewers. Our Parish Instagram page also offers a wealth of information while our E-Newsletter delivers our weekly Parish newsletter straight to your inbox!



## LENTEN PROGRAMME

Once again this year, the St Catherine's community at Sippy Downs will be hosting this year's Lenten programme and they extend an invitation for all parishioners to join them. To help with the ordering of resources, if you are interested in being part of the programme, please email the Parish Office, [suncoast@bne.catholic.net.au](mailto:suncoast@bne.catholic.net.au) or contact Helen on 0403 617 512.

Don't let the start of Lent catch you by surprise this year – **Ash Wednesday is on 18<sup>th</sup> February** – start thinking now how you want this Lent to be different this year! Once again the Little Black Books will be available from next Sunday.



Don't forget that we live stream the 9:00am Stella Maris Mass each Sunday. Simply go to our Parish Web Page and click on the "Live Mass" link, and it will take you to the last five Sunday Mass recordings. Tuning into our weekly Mass is a great way for those who are housebound to stay connected with our community. One of our goals this year is to expand this important ministry, and we are grateful for the new volunteers who have joined this ministry.

## Parents, Grandparents, Boys & Girls

Don't forget that each Wednesday during school term, our **Play & Pray** group gathers at Stella Maris. It is a great way for families to connect, interact and grow. Join us, **9:30am, every Wednesday, in The Annex** for fun, friendship, and faith-filled moments. New families are always welcome—we'd love to meet you. *Come connect, play, and pray with us!*



One way we can all be good stewards of our resources is by consciously making an effort to recycle—and in the process, support the mission of your parish. With the silly season not far away, please think of our 10:10 Youth Group, Junior Ministers and our Fun Days with God Ministries. Did you know our parish has a "Containers for Change" account? When you drop off your recyclable cans, beer, wine, and spirit bottles, as well as poppers and small flavoured milk containers, please quote our parish **Scheme ID number C10193859**. Put it in your mobile under Containers for Change so you'll always have it. All the money goes to support our Parish Youth.

Alternatively, if you attend the 5:00pm Sunday Mass at Stella Maris, you can give the cans directly to Bernie Baillie, [bbaille811@gmail.com](mailto:bbaille811@gmail.com). Thanks so much for your support.